Pre-Surgery Preparation ←

Medical & Practical Arrangements

- [ ] **Confirm surgery details** (time, location, hospital policies)
- [ ] **Arrange transportation** to and from hospital
- [ ] **Pack a hospital bag** (See packing list)
- [ ] **List all medications & allergies** and give a copy to doctors/family
- [ ] **Write down emergency** contacts for hospital staff

Legal & Financial Considerations

- [ ] **Advance Healthcare Directive** (Living Will)
- [ ] **Durable Power of Attorney** (POA) for **Healthcare** And/or **Finances**
- [ ] **Last Will & Testament**
- [ ] **Trust**
- [ ] **List of accounts & passwords**
- [ ] **Review life insurance policies** & beneficiaries
- [ ] Prepaid **funeral/burial/cremation arrangements**

Personal & Family Considerations

- [ ] **Write letters or record messages** for loved ones
- [ ] **Write down** final wishes
- [ ] **Organize** important documents
- [ ] Create a **memory book**
- [ ] **Arrange a care plan** for dependents & pets
- [ ] **Communicate with family** wishes and expectations

Post-Surgery Support Plan

- [ ] **Arrange for in-home care/help** (family, home help)
- [ ] **Plan for financial obligations** (bills, rent, etc.)
- [ ] **Designated a trusted person to oversee business/work responsibilities**
- [ ] **Prepare for physical & emotional recovery** (support groups, therapy, rehab)

Additional Concerns / Notes

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